

## STRUCTURE FOR A ONE HOUR PRESENTATION

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5 Minutes	Introduction Who am I?	
	Why I studied my therapy	
	My qualifications, mention your professional	
	association and insurance cover	
	Code of Conduct/Ethics	
5 mins	Introduce the history of your therapy and its	
	development to modern day	
5 minutes	Talk about the principles of your therapy	
	How it works	
	Benefits of treatment	
	Illnesses it is known to help	
5 minutes	Explain what happens and what to expect	
	when you go for a treatment	
	Maybe talk about one of your most interesting	
	case studies	
10 minutes	Involve your audience and ask who has had a	
	treatment and their thoughts about their	
	treatment	
	Focus here on your target audience	
	For example	
	doctors - talk about the professionalism of your	
	therapy, the length of study focus on anatomy	
	physiology and pathology qualification, help	
	with relaxation and destress	
	midwives – talk about benefits in pregnancy	
	with morning sickness, circulation, backpain,	
10 minutes	fluid retention and benefits for baby  Demonstration	
10 illillutes	This can either be a short demonstration	
	performed by yourself or if this is not possible	
	maybe you could show footage and talk	
	through what is happening	
10 minutes	Audience participation where possible get your	
10 minutes	audience to work in pairs practicing the	
	treatment movements on each other	
10 minutes	Questions and Answers	
	Answer questions and finish by handing out	
	business cards and maybe a special offer	
	voucher	
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